

# HOW STIGMA CAN NEGATIVELY IMPACT HEALTH OUTCOMES



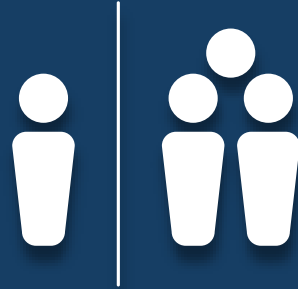
## NEGATIVE ATTITUDES AND DISCRIMINATION

Could occur before, during, or after getting connected to harm reduction services



## INCREASED INTERNALIZED STIGMA

Anxiety, self-limiting thoughts, fear, feeling alone



## REDUCED SERVICE ENGAGEMENT

Avoidance of social situations or services, isolation, communication breakdown, and marginalization



## DECREASED RESILIENCE OR INCREASED EXPOSURE TO HARM



## DECREASED HEALTH AND WELLNESS